

# CUPE EDUCATION

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**CUPE**  
Local 5167  
Hamilton. Our City. Our Union.



## INTRODUCTION TO HEALTH & SAFETY AND RECOMMENDATIONS & NOTETAKING

**WHEN:** Thursday, April 16 &  
Friday, April 17, 2026 (Two Day Course)

**TIME:** 9:00am to 4:00pm

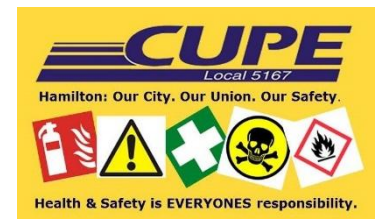
**WHERE:** Union Office, 886 Barton St. E.

**Registration Deadline: Friday, March 20, 2026 @ 4pm**

### DESCRIPTION

This course serves as an introduction into the world of health and safety and explores different basic concepts such as:

- Identification of hazards;
- Hierarchy of controls;
- The basic role of health and safety committees;
- Basics on the right to refuse.



*This is not the JHSC certification course*

To register, please submit the CUPE Local 5167 Education Request form to the union office by emailing [office@cupe5167.org](mailto:office@cupe5167.org) no later than **Friday, March 20, 2026 at 4:00pm**. For all educational inquiries, please contact Virginia Stonehouse, Education Coordinator, at [education@cupe5167.org](mailto:education@cupe5167.org).

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