

# CUPE EDUCATION

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## VIRTUAL CUPE EDUCATION

DATES	COURSE	DESCRIPTION
<b>Monday, February 2</b> Register by January 16  <b>Where: ONLINE</b>	<b>OLS- Conflict Skills for Union Activists</b>  6:00 p.m. – 9:00 p.m.	<ul style="list-style-type: none"> <li>• Understanding conflict as a regular part of human interaction</li> <li>• 5 responses to conflict and choosing the right response</li> <li>• Tips for preventing bias from getting in the way</li> <li>• Communication skills for informal conflict resolution</li> </ul>
<b>Monday, March 2</b> Register by January 16  <b>Where: ONLINE</b>	<b>OLS- Intro to Allyship</b>  6:00 p.m. – 9:00 p.m.	<p>Participants will learn how to build a practice of allyship in their personal lives as well as in their locals, workplaces and communities.</p> <p>Learners will explore definitions, principles and applications of good allyship, and discuss related topics like white supremacy, privilege, comfort zones and strategies for collective action.</p>

To register, please submit the CUPE Local 5167 Education Request form to the union office by emailing [office@cupe5167.org](mailto:office@cupe5167.org) no later than **Friday, January 16, 2026 at 4:00pm.**

For all educational inquiries, please contact Virginia Stonehouse, Education Coordinator, at [education@cupe5167.org](mailto:education@cupe5167.org).

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