



# CUPE SPRING SCHOOL 2026

## Sheraton Centre Toronto

Please request **ONLY ONE** of the following courses:

#	Course	Course Schedule
1	WSIB – Medical Orientation	Tues Feb 17 1pm to 5pm; Wed Feb 18 to Sat Feb 21 9am-5pm; Sun Feb 22 9:30am -12:30pm
2	Health & Safety Level I	Wed Feb 18 to Sat Feb 21 9am-5pm; Sun Feb 22 9:30am -12:30pm
3	Health & Safety Level II – Committees <i>**Health and Safety Level 1 is Prerequisite**</i>	Wed Feb 18 to Sat Feb 21 9am-5pm; Sun Feb 22 9:30am -12:30pm
4	WSIB Level 1	Fri Feb 20 9am-5pm Sat Feb 21 9am to 5pm Sun Feb 22 9:30am to 12:30pm
5	WSIB Level 2 <i>**WSIB Level 1 is a Prerequisite**</i>	Fri Feb 20 9am-5pm Sat Feb 21 9am to 5pm Sun Feb 22 9:30am to 12:30pm
6	Mental Health First Aid	Fri Feb 20 9am-5pm Sat Feb 21 9am to 5pm Sun Feb 22 9:30am to 12:30pm
7	Intro to Health and Safety	Sat Feb 21 9am-5pm & Sun Feb 22 9:30am-12:30pm
8	Women Breaking Barriers	Sat Feb 21 9am-5pm & Sun Feb 22 9:30am-12:30pm
9	Steward Learning Series 1 <b>**Intro to Stewarding is a Prerequisite**</b> A) Reconcili-ACTION & Indigenous Cultural Safety	Sat Feb 21 9am-5pm & Sun Feb 22 9:30am-12:30pm
10	Steward Learning Series 2 <b>**Intro to Stewarding is a Prerequisite**</b> A) Challenging Racism in the Workplace B) Growing our mobilizing power C) Anti-Harassment & bystander training	Sat Feb 21 9am-5pm & Sun Feb 22 9:30am-12:30pm
11	Steward Learning Series 3 <b>**Intro to Stewarding is a Prerequisite**</b> A) Representing gender & sexually diverse members B) Ally Skills or Pensions C) Grievance Handling	Sat Feb 21 9am-5pm & Sun Feb 22 9:30am-12:30pm

Please refer to the CUPE Spring School on the CUPE Ontario website for a full description of each course.  
[Spring-School-Notice-2026-EN.pdf](#)

To register, please submit the CUPE Local 5167 Education Request form to the union office by emailing [office@cupe5167.org](mailto:office@cupe5167.org) no later than **Monday, December 15, 2025 at 4:00pm.** For all educational inquiries, please contact Virginia Stonehouse, Education Coordinator, at [education@cupe5167.org](mailto:education@cupe5167.org).

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