

CUPE EDUCATIONeducation@cupe5167.org

MIKE STOKES MEMORIAL WEEKLONG SCHOOL 2025

November 30 to December 5, 2025

White Oaks in Niagara-on-the-Lake

WORKSHOPS – MUST SELECT ONE COURSE ONLY

1. Arbitration

- This workshop is aimed at CUPE stewards and officers who are active in grievance procedures. Participants will gain a complete understanding of the arbitration process. You will have a chance to do the kinds of research that must be done before an arbitration hearing. Your local and your members will benefit from your new skills! This workshop is designed for those members who have taken Introduction to Stewarding and some Steward Learning Series workshops and have experienced preparing and presenting a grievance. Please note, this workshop requires evening work.

2. Navigating Interpersonal & Group Conflict

- Conflict is a part of our lives – at work, in the union, and at home. In this workshop we'll build our conflict skills by looking at: • How our beliefs about conflict and our conflict style affect what happens in a conflict. • Sources of conflict in the union and at work. • Conflict dynamics. • Choosing the best response in a conflict. • Conflict communication skills.

3. Human Rights

- This course allows leaders and activists to develop the skills and perspectives needed to build a stronger, more inclusive and anti-racist union culture. Employers use racism, sexism, homophobia, transphobia, and discrimination to divide us as workers. We'll focus on ways to communicate and educate about the connected nature of racism and other forms of oppression and the role the union can and does play in developing an analytical foundation to challenge employers. This course is not about the Human Rights Code.

4. Health and Safety – Level 2 Law

- **Please note you must have completed Health & Safety Level I****
- The law and the workplace • Occupational health and safety legislation in Ontario (provincial and federal) • How laws are made and read • Duties of individuals under the Act/Code and regulations • Joint health and safety committees (provincial)/workplace and policy health and safety committees (federal) • Duties of inspectors (provincial)/health and safety officers (federal), orders and appeals • Regulations • Changes and interpretations • Other legislation affecting worker health and safety. Upon completion, Level II Law participants are better prepared to help ensure employer compliance with existing health and safety law and union efforts to continue the improvement of health and safety law

These workshops are bundle courses. You will be attending all components.

To register, please submit the CUPE Local 5167 Education Request form to the union office by emailing office@cupe5167.org no later than **Tuesday, August 5, 2025 at 4:00pm**. For all educational inquiries, please contact Virginia Stonehouse, Education Coordinator, at education@cupe5167.org.

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