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Sue's got the SCOOP!

**Hamilton.
Our City.
Our Union.
Our Stories.**

Retirement Planning



Meet Jean!
5167 Retiree
Former Lodge Vice President
Steward
JE Committee Member
JHSC Committee Member
Union Activist
Mother
Grandmother
Friend and Volunteer
Turtle Protector at Cootes Paradise
We call Jean Florence Nightengale!



As Jean began to prepare for her next chapter, she did some research on how to retire:

- Call OMERS Pension (Mandatory at age 71)
- Call Homewood (EAP Provider) as they provide guide and information on retirement
- Read up on the Canada Pension Plan (CPP) to decided 60 or 65
- Read up on the Canda Old Age Security Program (OAS)
- Research Manulife (Benefits) package options
- Research MROO (Retirement Benefits) package options
- Plan to join a group for socializing and staying physically and mentally healthy
- Utilize the City of Hamilton website to research programs (Sackville Senior Centre for example, utilize senior discounts)
- Keep a routine, stay active and connect with people!



Jean is volunteering the first month of retiring!

We wish her well and thank her for all her contributions to OUR UNION!