Summer Edition June 2015



Local 5167 Scoop

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Congratulations Cathy Sardella!

Cathy won 2 Roots chairs in the draw for "Liking" 5167 page on Facebook!



Union Board

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How do I stay up to date on Union issues?

- → **Union Board** in your workplace
- → Talking to a Steward or your Unit Vice President
- → Check out and surf the website <u>www.cupe5167.org</u>
- → Register for Membership email Blasts
- → Like us on Facebook
- → Follow @CUPELocal5167 and @5167President on **Twitter**
- → Check out the 5167 channel on **You Tube**

your Union; it is how

The question is not how you can stay in touch with your Union; it is how you CANNOT stay in touch with YOUR UNION!?!





GO FOR IT!!

BECOMING A MATURE STUDENT

Making the decision to return to school as a mature student takes a lot of time and consideration, as it not only challenges a person's belief in them self, but also challenges their finances.

As a personal support worker for the last six years, I had no idea initially that I would one day be enrolled in the nursing program at Mohawk College. I guess nursing is in the "genes" as my mother is a registered nurse, my sister is a nurse, and several aunts were nurses.

After weighing the pros and cons of the decision, it was clear that attaining a Practical Nursing designation was my next step in this journey.

The transition has been smooth and I have settled well into my new role as a student. As a personal support worker I cared for patients with ailments, but now as a nursing student, it is fascinating to actually learn about the pathophysiology of the diseases and ailments.

I believe that life offers many opportunities and it is up to each person to decide which one they want to seize.

I am so excited to what the future holds as I continue on this journey toward attaining my goals.

Some useful tips for returning to school are:

- Ensure that all prerequisites are met prior to applying to the program
- Ensure that all financial preparations are set aside for the expected study period
- Don't let being a mature student define you
- Be organized
- Don't leave assignments to the last minute
- Set aside study time and manage well
- Learn to manage exam anxiety
- Balance work, family, and school
- Maintain a positive attitude

By Bernice Ferguson

Lodges Members





Member Spotlight

RBG Unit

5167 Member

Morwyn Griffith

Gardener







As you enter the main building of the RBG and continue on to the Mediterranean greenhouse, you'll observe the creative talents of Morwyn Griffith and a passionate group of gardeners. Here, they maintain the dynamic interior scape by performing duties such as pruning, watering, weeding, specimen planting and removal, fertilizing, assembling plant arrangements for special events, and designing seasonal displays for various parts of the centre. These are just a few of the tasks Morwyn and her coworkers perform to make RBG the attraction that it is.

Hobbies: Morwyn's hobbies include gardening, cooking, reading and personal fitness, to name a few.

Why she chose gardening as a career: "Choosing horticulture as a career path stemmed from a love of nature. Gardening was always a hobby growing up."

Plans for the future: Continue a path in Horticulture, pursue more volunteer endeavours, travel, get a third cat, and learn to play the ukulele.

For the gardening enthusiast, Morwyn has a few tips:

- Choose the right plant for the right place.
- Try to plant Native species when possible
- Use the right tool for the job!
- For interior plants: overwatering is just as harmful as letting the plant dry out. Invest in a moisture meter for an accurate read to water more efficiently.



Member Spotlight



D.A.R.T.S Unit **Alex Murray** Maintenance Department



Meet Alex Murray, you'll see him driving around the DARTS yard at 235 Birch Ave. Alex has been working DARTS for the past 16 years helping to make sure the vehicles are ready for the driver's day of work.

He is a voice for our maintenance department. Alex is a Steward, and on the Health and Safety Committee. He is always willing and ready to help when needed by any Union Brother or Sister.

So when you see Alex, greet him with an Oskie Wee Wee (he is an avid Tiger Cat fan) and a thank you for all his commitment to CUPE Local 5167 and the DARTS Unit.

The **Disabled and Aged Regional Transportation System** (DARTS) is the nonprofit charitable organization that provides the specialized transit service in Hamilton.

http://www.dartstransit.com

Pet Photo Contest for 5167 Members!!

Submit your pet's picture by July 15th to coville@cupe5167.org or drop it by the office and you could win a pair of Ticat Tickets (section 107, row 22) to the Sat., August 15th Game!

If you don't have a pet...be creative...remember pet rocks from the 80's! And don't worry...the Chair Jodi's cat Jack to the right won't be entered...that just wouldn't be fair!!



Local Updates

Don't forget to visit the website for updates, postings and all sorts of supports and information!! www.cupe5167.org



Political Action Committee (PAC) presents a FREE BBQ at the June General Membership! Monday, June 22, 2015 at 5:00pm. Come on out and bring a Members who hasn't been before!

Location: Union Hall - 818 King St E.



City of Hamilton Unit Contract Highlights

This round of bargaining we met with the Employer over 25 days and were able to arrive at a settlement that was ratified by the membership on May 28th, 2015.

Year 1 - 1.5%

Year 2 - 2%

Year 3 - 2%

Year 4 - 2%

New provisions also include improvements to filling vacancies, transfer requests, meal allowance increased to \$8, bereavement leave increased to 5 days, massage increased to \$30, and Chiropractor increased to \$300.

All benefits were maintained or improved with the exception of physiotherapy being capped at \$1500 per year.



Political Action Committee (PAC) will be hosting a CHARITY CARWASH ON Saturday, July 18, 2015 from 10am to 2pm. 818 King St E. Stop by and grab a carwash! All proceeds will be going to St. Matthew's House Food Bank.

CUPE National Updates

The **27th CUPE National Convention** will be held November 2 to 6, 2015 at the <u>Vancouver Convention Centre</u>'s West Building in Vancouver, British Columbia. **Elections for Members** to attend as delegates will take place at the June General Membership Meeting, Monday June **22**, 2015 at 6:00 pm.



Commentary



The Newsletter Needs You!! - By Ed Thomas, Retiree

The birth of the union newsletter can be traced back to the early 1800's. Unions in Canada found the written word to be a valuable tool to mobilize and educate its members. These early papers not only preached the **benefits of belonging to a collective voice** in the form of a union but also talked about the **evils of capitalism**. They rallied against child labour, poverty, slums, long hours of work the exploitation of women, and all other social ills that plagued working people in the days of the robber barons (Radical Rag - Ron Verzuh).

Frank Rogers put out a newsletter titled **the Outsider** for members of Local Five. He produced this newsletter single handily from 1945 until 1978 when he retired. This was no small feat; the technology was nowhere near what it is today. He used a machine that was patent in **1907 called a Gestetner**. You would place a stencil on a roller injected with ink and then cranked by hand which resulted in the stencil printing text onto paper. After his retirement the local did not continue publishing the newsletter.

Then in the early part of the 1980s, Steve Booth, Bob Rose, Peter Wickett and Ed Thomas (me) reintroduced a newsletter. After a membership contest, the name selected was **NewsFive**. This publication ran for a few years and then again fell by the wayside. The technology had not changed and in fact these individuals used the same Gestetner that Frank Rogers had used.

In the 1990s, the newsletter was reintroduced and named **News-Five Revived.** Peter Wickett, Dennis Hobbins and Ed Thomas (me) produced this newsletter again using the old Gestetner.

It wasn't long after the introduction of News-Five Revived that the local started to grasp the concept of new technology. The machine used was still a Gestetner, but an advanced automatic model. This newsletter again followed the lead of their predecessors and informed members of struggles with the employer and information on the rest of the labour movement.

Local 5167 Scoop is far advanced; technology has changed drastically from the days of the Gestetner!

Although, 5167 has a newsletter committee, it is not their newsletter. It belongs to the members of the local. **So why not submit articles for consideration to be included in the newsletter?** You could write articles highlighting members in the workplace. For instance members that have gone above and beyond who worked on different initiatives in the community, the workplace, representing the members in the work locations, Stewards, Health and Safety etc.

But the end result is that the union needs you to contribute to make our newsletter a success!!



What's your Favourite Hamilton Park?

By Barry Conway

Picking a favourite park seems like an easy question on face value. You most likely have a park in your neighbourhood that you walk your dog through, toss a ball around with your kids, or go to with your team for a game of soccer. I bet you didn't know that the City of Hamilton has 394 locations covering 3,480 acres of land, with an additional 49 kilometers of City owned trails. More parks to choose from then you thought.

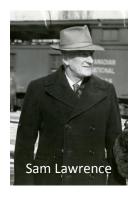
It's hard for me to choose as well. As a lead hand in Parks working out of Rymal and going east I'd say every park my crew maintains is a contender. That's a bias approach though. **Do you decide based on the needs for your personal use, the location and view, the amount of trees in a park, or the play structure for the little ones to play on?** What about choosing your favourite park solely based on its name? That's what I've done, and what park is more labour friendly than Sam Lawrence?

Mayor of Hamilton from 1944 to 1949, Sam was a face for labour in the political arena. He had previously sat as a city councillor and was the first person elected in Ontario to the Co-Operative Commonwealth Federation, later to become the NDP. During the 1946 'illegal' recognition strike at Stelco, Sam Lawrence led a march, 10,000 strong from Woodlawns Park to the gates of Stelco. You can now find the park that bares his name on Concession St at the top of the Jolly Cut.

Sam Lawrence Park is beautifully maintained by our Brothers and Sisters of CUPE 5167. Tony and Kristin, alongside a crew of students, tend to the flower beds on a daily basis; while the crews from Rymal keep the grass at bay.

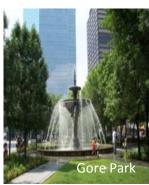
The importance of the work our members do to keep our parks clean and beautiful is priceless. The access to free recreation in our parks allows for a strong, healthy, and vibrant community. We all grow with the work of 5167 members.

With all these choices does your favourite park remain the same? Why not get out and explore more of those acres before you draw a conclusion. While on your next adventure at a City park or trail, or admiring the beauty of Sam Lawrence (also the best place to watch fireworks) make sure you say hi to your Brothers and Sisters in Parks and Horticulture and say thank you for their hard work and dedication.











The Importance of Unions

Diversity and inclusion are values that have long been upheld, fought for, and celebrated by our union brothers and sisters everywhere. Thanks to the work of the workers who went before us, we have the right to a workplace free of bullying, harassment, and discrimination. In today's climate of precarious employment and corporate greed, we have an obligation to be vigilant in the protection of these rights.

A clear need exists for change in the areas of workplace harassment and discrimination, equal wage for equal work, better job security, better contract language, and worker's rights in general.

As Canadian workers we need to be concerned about issues such as a fair living wage for everyone, job security, fair and accessible Worker's Compensation, Employment Insurance, other government benefits, adequate health care, vacation and benefits, and a tax system which is clear and transparent for everyone. Our union local stands for worker's rights. You can be a part of the change by coming out to meetings regularly, joining committees, reading and learning, attending training or educational opportunities, participating in political action, following the Facebook or twitter feed, or just talking to your friends about the issues which matter to you most.

Most importantly, don't forget to educate yourself and vote in the upcoming federal election!

By Deb Stringer

Equity Committee Member





18th Annual Dundas International Buskerfest 2015

June 05, 2015 to June 07, 2015

FrancoFEST

July 04, 2015 to July 05, 2015

Because Beer Craft Beer Festival July 10, 2015 to July 11, 2015

Hamilton Fringe Festival 2015 July 16, 2015 to July 26, 2015

2015 TD Festival of Friends August 07, 2015 to August 09, 2015

Hamilton Greek Fest

August 14, 2015 to August 16, 2015

Super Crawl 2015

September 11, 2015 to September 13, 2015

For more information visit:

http://tourismhamilton.com

Calling all ideas and writers!!

Have an idea for your Local 5167 Scoop?

Submit to coville@cupe5167.org and it will be reviewed by the committee and maybe published!!

Newsletter Committee:

Jodi Coville, Chair,
Rick DiGiantomasso, Airport Unit,
Loretta Marshall, City Inside Unit,
Barry Conway, City Outside Unit,
Ruth Graves, DARTS Unit,
Paula Masys-Pollack, GSWS Unit,
Teofil Linca, Lodges Unit,
Brian Forester, RBG Unit



