

CUPE Scoop

Local 5167

Hamilton: Our City. Our Union. Our Stories.

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RBC Contest & Winner
Mike Retires!

Communications Committee:

Jodi Coville, Chair,
Rick DiGiantomasso, Airport Unit,
Loretta Marshall, City Inside Unit,
Barry Conway, City Outside Unit,
Marlene Craig, DARTS Unit,
Dianna Waldner GSWS Unit,
Joyce King, Lodges Unit,
Brian Forester, RBG Unit
John Naismith, SMH Unit



Scoop Contest!!

All 5167 Members are encouraged to **submit a picture of themselves** (group pictures too! Just provide all names for entry) at their union board, with their name, unit and work location **by March 31st, 2017 4:00pm** to coville@cupe5167.org to be entered into a draw for a

Chance to Win:

1st Prize \$100.00 Canadian Tire Gift Card

2nd Prize \$25.00 Tim's Card

3rd Prize \$15.00 Tim's Card



The RBG Green Angels

What is "Green Angels"?

In the words of the Director "The Green Angels program was created so that all children regardless of their family's financial situation can have the opportunity to fall in love with nature. We feel every child needs the opportunity to spend time outdoors."

RBG programs are built on a foundation of inquiry-based and experiential learning. The focus is to allow children to ask questions and follow their curiosity. There is no substitute for a direct experience in nature, and that given the right opportunity; kids can create meaningful connections that last a lifetime. The programs use active, hands-on exploration and activities to engage kids, and to immerse them in the world of nature. Programs integrate up-to-date science and research, and tailor school programs to complement current Ontario school curriculum. Most importantly, fun must be an integral part of education, and that the best learning often happens when you least expect it.

WHY GETTING OUTSIDE IS IMPORTANT? "Outdoor skills education supports our health, learning, and lifestyle." "Wilderness programs improve participants' health, behavior, and attitudes." "Being physically active outdoors and in nature can improve children's health." "Greenspace supports children's quality of life." "Contact with nature provides a variety of health benefits."

Green Angel donations go to support the following: subsidize camps and children's programs, school programs, bus transportation for schools, admission passes, and memberships.

In 2015, Green Angels subsidized:

- 81 Education programs
- 42 school groups
- 34 Camp Program days
- 1,189 children and youth participants



"I hope this overview of the Green Angels shows the importance of connecting children with nature. I see the good work that is done every day at the RBG and 5167 Members."

Brian Forester, RBG Unit Vice President & Communications Committee Member

#SOLIDARITY



#CUPEPROUD

It's official!!
CUPE Local 5105
has joined CUPE Local 5167
as a new unit!!



We are here!!!!!!

Just in case you were unaware, St. Matthew's House has joined CUPE Local 5167.

Now many of you are probably wondering who we are and what we do and I am here to tell you.

St. Matthew's House (SMH) is a charitable, non-profit and multi service agency. It started as a store front ministry in 1964 to serve residents in the north end of Hamilton. Since then we have grown and together with our community partners, **we work toward alleviating the poverty**

experience, eliminating poverty and adopting best practices for improved quality of life.

St. Matthew's serves a large cross section of people in the Barton Street corridor and surrounding area. The **services include** providing emergency food through our 2 food banks, crisis intervention and housing support to at risk and vulnerable seniors, and a drop in seniors program that includes 2 meals a day, access to medical supports, PSW supports, exercise programs and case management supports when needed.

St. Matthew's also provides a newly renovated daycare for up to 42 children. The daycare strives to provide positive child development through active learning in a welcoming, stable and inclusive environment.

One of the most popular programs is the "**Christmas Adopt-A-Family**" which provides new toys, gifts and food vouchers to families in need.

St. Matthew's partners with donors to create special events, such as '**operation backpack**' which gives school backpacks filled with supplies to children in need. Pet Pantry helps to bring pet food and services to those who cannot afford it.

We at St. Matthew's take pride in all the Services that we provide from Daycare to Social Services and I look forward to highlighting people from those areas in the future editions of the "CUPE Scoop". **Thank you for welcoming us to the family.**

In solidarity, John Naismith, SMH Unit

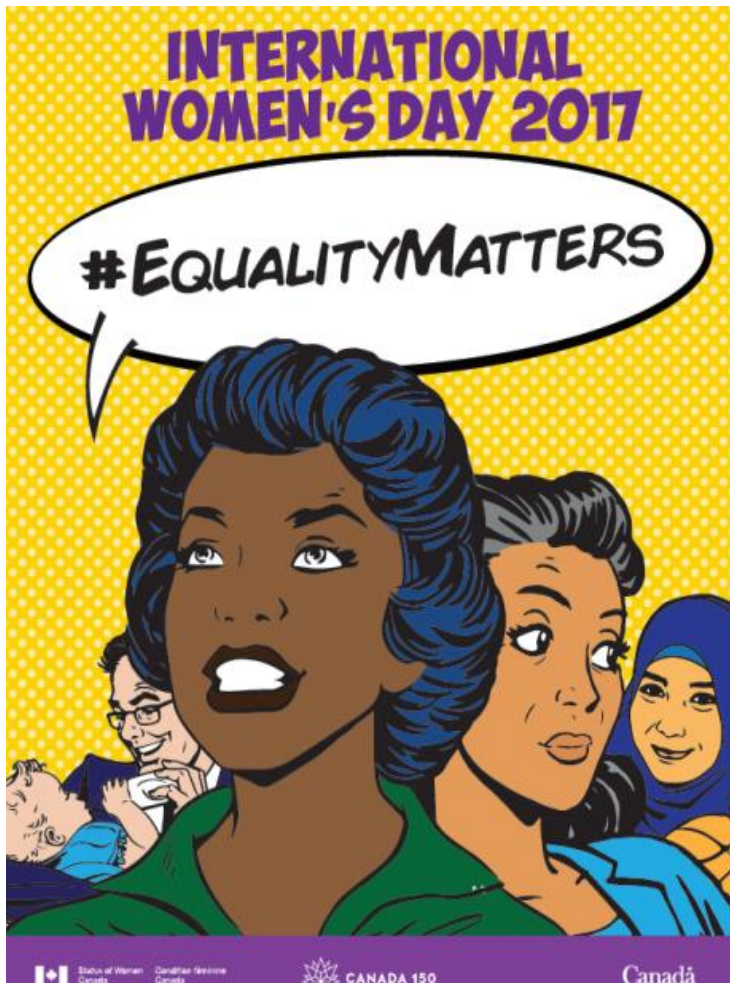
Be Bold for Change!!!

On **March 8th, 2017** women and girls from different communities around the world will be celebrating **International Women's Day**. The United Nations has made "Be Bold for Change" this year's theme. International Women's Day is a time to celebrate and acknowledge the accomplishments women have made and the continued barriers.

During these celebrations a renewed commitment is made by participants to work together to continue to bring change for gender equality and to the empowerment of women and girls around the world. I am encouraging women and children to attend events; this year and in future years.

Men, you can be an ally and a voice to assist in the advancement of gender equality at home, at work and within society. There are many events happening in Hamilton for International Women's Day.

By Dianna Waldner, GSWS Unit



International Women's Day 2017

[#BeBoldForChange](https://www.internationalwomensday.com/#BeBoldForChange)

Call on the masses or call on yourself to help forge a better working world - a more inclusive, gender equal world!!

<https://www.internationalwomensday.com/>



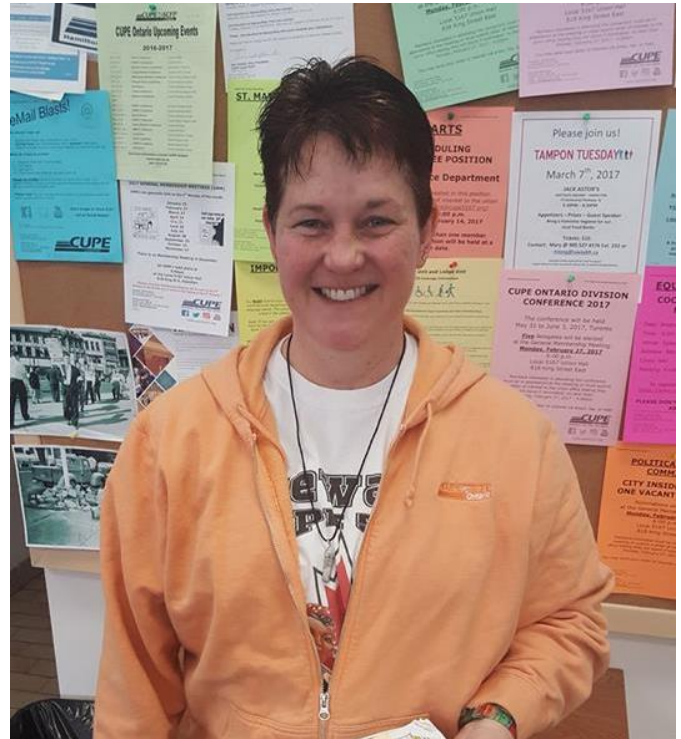
Local Updates

Don't forget to visit the website for updates, postings and all sorts of supports and information!!

www.cupe5167.org



People across Canada recognize and celebrate **Earth Day**, the largest environmental event in the world, on **April 22nd**.

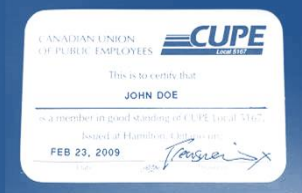


Dorothy Heuck

Temporary 2nd Vice President elected at the January GMM.

dorothy@cupe5167.org

MEMBER ADVANTAGES



DISCOUNTS & SAVINGS
FOR CUPE LOCAL 5167
MEMBERSHIP

www.cupe5167.org

Members Zone Tab – Scroll down to “Member Advantages”





Health & Safety:

Global Responsibility

Made in China: Preventable

by Ed Thomas, 5167 Retiree and Activist



There has been a flood of media attention about tainted “Made In China” pet foods and children’s toys that are painted with lead paint or contain small magnets, etc. The concerns have rightly focused on the fear of children choking or getting lead poisoning.

But let’s not fool ourselves; there is another side of the story that is not being told! Yes our children play with toys we buy from China; yet children by the thousands also toil in Chinese factories making those same products. They also get sick or die from exposures to lead and many other products; children, working in inhumane factories when they should be in school.

China is a main exporter of products for global use and consumption. Often overlooked is the human suffering and lack of occupational health and safety (OHS) for workers. Some official figures show 68,000 workers are killed on the job every year in China (1). Add to this, the countless workers that die from exposures to hazard chemicals or die later as a result of serious workplace injuries.

Worker injury and fatalities in China are preventable. Like in the rest of the world occupational injuries, diseases and deaths are very preventable. So prevention should be a priority for all of us, no matter where we live.

This is an opportunity to put pressure on governments and corporations to demand stricter health and safety laws to protect workers. All governments –including China and Canada- should be called upon to ratify and abide by the United Nations International Labour Organization Conventions for the Occupation Health and Safety of workers.

We not only live in a local and national community, but also a global community. We are members of the same civilised family and are our brother’s keepers. We are not autonomous individuals who merely contract our labour in the marketplace. Let us stand up for justice and make workplaces and the environment healthy, throughout the world.

I strongly encourage each and every person to write a letter to our governments, asking China and others to respect worker’s rights and occupational health and safety, everywhere!

1. https://www.nytimes.com/2015/08/18/world/asia/tianjin-china-explosions-firefighters-chemicals.html?_r=0

Musculoskeletal Disorders

Painful disorders of muscles, tendons, and nerves that develop over time from tasks that repeatedly cause stress and injury to tissues

Common causes



Material handling

injuries due to repeated lifting, pushing and pulling



Workstation

furniture, layout, job design and keyboarding



Repetitive motion injuries

risk factors due to job design, awkward body motions, and tools



Inadequate job design

pace of work, production pressure, lack of sufficient time to recover from overwork



Musculoskeletal disorders (MSDs) are the most frequent type of lost-time injury and the single largest source of lost-time costs in Canada.

What employers can do

Hazards are best eliminated at the source. Employers should focus on avoiding repetitive patterns of work through **job design** changes:



Mechanization

automate tasks



Team work

distributing work more evenly



Job rotation

moving between different tasks



Job enlargement

increasing the variety of tasks

If elimination of repetitive patterns of work is not possible, prevention strategies can focus on:



Workplace design

fitting the workstation to the worker



Assistive devices

using carts, hoists, or other mechanical handling devices



Work practices

training workers, allowing rest periods, and giving workers more job control



Tool and equipment design

providing proper tools that decrease the force and avoid awkward positions

Symptoms

Musculoskeletal disorders (MSDs) do not happen overnight.



WATCH FOR SIGNS

Pain, joint stiffness, muscle tightness, redness, swelling of the affected area, numbness, "pins and needles" sensations, skin colour changes

Being aware of the causes and developing a prevention program is essential. Inform and train workers, encourage early reporting of symptoms, and identify and control job-related risk factors.

CCOHS.ca
Canadian Centre for Occupational Health and Safety

APRIL 28

DAY OF MOURNING

CUPE / Canadian Union
of Public Employees



**RBC
Royal Bank**

Chance to **WIN
a Gift Card!**

Happy to announce **Valerie Klinker**, City Inside Fire Clerk, has won \$50.00 in movie cards from last editions RBC Contest!!



RBC Spring Incentive

RBC will give \$10.00 for each quote requested by 5167 Members to a maximum of \$500.00 to the Local for the months of March, April and May!

**CUPE Local 5167 will then donate all proceeds to
St. Matthew's House Food Bank.**

SMH Emergency Food Program provides three days worth of food, once a month to individuals and families at two of their food bank sites: Barton Street Food Bank at St. Matthew's House and Roxborough Centre Food Bank at the St. Helen's Centre.



Hello, my name is Squeakers and I was found down by National Steel Car! I am now looking for my forever home!!

Vaccinated and dewormed. 4 months old.

Contact Josie1511@yahoo.com to facilitate an adoption through AVA.

<http://www.actionvolunteersforanimals.com/about/aboutava.html>

