



STEWARD LEARNING SERIES

Where: CUPE Local 5167 Office 818 King Street East

DATES	COURSE DESCRIPTION
<p>Friday, September 15 1:30pm – 4:00pm and Saturday, September 16 9:00am – 4:00pm Register by August 25</p>	<p>Introduction to Stewarding This module will help you learn the role of the steward, investigating workplace problems, CUPE’s structure, filing a grievance, meeting with management, and dealing with workplace complaints.</p>
<p>Wednesday, September 27 5:00pm-8:00pm Register by September 6</p>	<p>Handling Grievances In this module stewards teach each other “best practices” and share strategies for handling difficult grievances</p>
<p>Monday, October 16 5:00pm-8:00pm Register by September 25</p>	<p>Creating Psychologically Safe & Healthy Workplaces What are the psychological hazards in a workplace? What is our role as stewards in making our workplaces psychologically healthy and safe?</p>
<p>Tuesday, October 17 5:00pm-8:00pm Register by September 26</p>	<p>Understanding Mental Health Learn about mental health and mental illness, explore our own attitudes and stereotypes about mental health, and learn tools for representing members when mental health is an issue.</p>
<p>Friday, November 17 4:30pm-7:30pm Register by November 3</p>	<p>Connecting with Aboriginal Workers As demographics shift, Aboriginal workers are playing an ever-increasing role in the workplace. In this workshop, stewards will explore strategies for making your locals more inclusive to Aboriginal members</p>

To register please call the office at 905-522-0917 or email office@cupe5167.org

For all educational inquiries, please contact Ann Jenkins,
3rd Vice President at jenkins@cupe5167.org

Snacks will be provided.
Please advise the union office of any dietary restrictions.

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President: Sandra Walker
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