

HEALTH AND SAFETY LEARNING SERIES



To register please call the office at 905-522-0917
or email office@cupe5167.org
For all educational inquiries, please contact,
Ann Jenkins, 3rd Vice President at
jenkins@cupe5167.org

Where: CUPE Local 5167- 818 King St E, Hamilton ON (Union Hall)

DATES/TIMES	COURSE DESCRIPTION
<p>Tuesday, October 10 5:00 p.m. to 8:00 p.m. Register by September 19</p>	<p>Preventing Mental Injury at Work New forms of work, job insecurity, work intensification, high demands, violence and a resulting poor work-life balance are resulting in psychosocial and mental health problems in CUPE workplaces. This module focuses on the workplace as the cause of mental health issues, and not the individual. Discuss strategies and actions that actually help make workplaces psychologically healthier and safer.</p>
<p>In order to take the Health and Safety three hour modules below, you must have taken <u>INTRODUCTION TO HEALTH AND SAFETY</u></p>	
<p>Monday, October 30 1:00pm – 4:00pm Register by October 9</p>	<p>Ergonomics This module looks at the musculoskeletal injuries in the workplace, such as strains or carpal tunnel syndrome, the risk factors and the employers' obligations to prevent these types of injuries</p>
<p>Monday, October 30 4:30pm – 7:30pm Register by October 9</p>	<p>Law and Order This module covers the basic origins of Health and Safety law, how to find, read and interpret relevant section of law and highlights some of the more important aspects of the specific Health and Safety law that applies to you</p>

**Please contact union office with dietary restrictions.
Pizza or sandwiches will be provided for dinner.**

COPE: 343; Copies: President/Executive Administrator/File: Weekly Notices & Education

President: Sandra Walker
Vice-President: Jay Hunter
Executive Administrator: Jodi Coville

818 King Street East
Hamilton, ON L8M 1B2
Phone: 905-522-0917 Fax: 905-522-4011
E-Mail: office@cupe5167.org



www.cupe5167.org